

Starters

WINGS six lightly breaded with choice of: teriyaki, Cayman jerk, honey garlic, buffalo or spicy thai 7.5

CHEESY GARLIC KNOTS
twisted with roasted garlic, melted mozzarella served with spicy marinara 8

ISLAND BRUSCHETTA
diced tomato, onions and garlic, tossed in olive oil, balsamic drizzle topped with fresh basil 7

POUTINE house cut fries, cheese curds topped with gravy and scallion 8

CALAMARI semolina dusted, served with coleslaw and tzaziki 10

BUFFALO CAULIFLOWER BITES
tempura breaded, tossed with buffalo sauce 7

CRISPY SPRING ROLLS rice noodles and vegetables, served with sweet chili dipping sauce 7

Greens

Add chicken +4
shrimp +7
mahi +8

THE HOUSE crisp mixed greens, cherry tomato, red onion, cucumber and carrot with house WF vinaigrette 7

ORIGINAL CAESAR romaine, double smoked bacon, parmesan, herbed crouton, lemon 9

MAPLE SALMON
maple glazed topped with pumpkin seeds, mixed greens, tomato, cucumber and dried cranberries 15

GREEK romaine, tomatoes, cucumber, red onion, black olives and feta tossed in greek vinaigrette 10

SEARED TUNA
seared tuna, mixed greens and spinach, tomatoes, green beans, black olives, red onion, potato and hard-boiled egg 17

CHICKEN AVO
grilled chicken breast served on mixed greens, cherry tomatoes, red onion and sliced avocado tossed in a mint vinaigrette 14

FRENCH ONION SOUP
topped with herbed crouton and melted provolone 7.5

CHICKEN NOODLE SOUP
chicken broth and egg noodles 7.5

BABY BACK RIBLETS
sticky and sweet, tossed in honey garlic sauce 9.5

CHICKEN BITES
boneless crispy chicken, buffalo sauce on the side 9

JERK CHICKEN SPRING ROLLS
spring rolls stuffed with jerk chicken, garlic aioli 9

CAYMAN MAHI BITES
pan seared mahi tossed with escovitch and cayman sauce, served with sweet chili dipping sauce 9

CONCH FRITTERS
housemade fritters, island tartar sauce & lime 10

ALL DAY EVERYDAY

Breakfast

THE USUAL
2 eggs any style with bacon, sausage or ham, breakfast potatoes, toast 9

WF FRY-UP
2 eggs any style, back bacon, sausage, baked beans, grilled tomato, sautéed mushrooms, breakfast potatoes toast 13.5

CLASSIC OMELET
ham, peppers, tomatoes, mushrooms, cheddar, breakfast potatoes, toast 10

STEAK & EGGS
6oz CAB steak, 2 eggs any style, breakfast potatoes, toast 15

BREAKFAST BOWL
brown rice, pesto, avocado, kale, red peppers, feta cheese, 2 poached eggs 11

Sandwiches

Substitute a salad or sweet potato fries +2
poutine or cup of soup +4

MARKET STREET BURGER
grilled beef patty topped with lettuce, tomato, pickle, red onion, mayo with fries 10

MAC ATTACK
two all beef patties, special sauce, lettuce, cheese, pickles and onion on a sesame seed bun with fries 13

BACON & BLUE
grilled beef patty with double smoked bacon, blue cheese, lettuce, tomato and mayo, butter toasted bun and fries 14

GRILLED CHICKEN BREAST
lettuce, tomato, red onion, pickle, herbed mayo, fries 11

WATERFRONT CLUB
grilled chicken breast, cheddar, lettuce, tomato, avocado, bacon and ranch served with fries 14

JERK CHICKEN SANDWICH
crisp baguette, lettuce, tomato, provolone, garlic aioli 12

CLASSIC CORNED BEEF
house cured and smoked, sliced thin on fresh rye, with mustard served with chicken noodle soup or fries 14

GRILLED MAHI
marinated mahi topped with lettuce, tomato, red onion and spicy jerk sauce with fries 13

CHIPOTLE CHEESESTEAK
grilled and thinly sliced CAB steak topped with melted provolone, sautéed onions and mushrooms, chipotle mayo with fries 15

BUTTERMILK CRISPY CHICKEN
pickle brined chicken, buffalo mayo, dill pickle and lettuce on a butter toasted bun with fries 16

SOUVLAKI PITA
marinated and grilled chicken in a grilled pita, lettuce, tomato, red onion, tzaziki with fries or greek salad 14

FISH & CHIPS lightly battered and fried cod, coleslaw, tartare sauce, fries 15

FETTUCINI ALFREDO
grilled chicken and double smoked bacon mixed with broccoli and tossed in creamy alfredo sauce with grated parmesan, served with a garlic knot 17

CHICKEN SOUVLAKI
marinated chicken breast skewer with rice, roast potatoes and greek salad with tzaziki sauce 18

CAYMAN MAHI
pan seared with Cayman sauce, coconut rice, sautéed bok choy 22

CHICKEN TIKKA MASALA
tender chicken in a mild curry sauce with steamed rice and naan bread 16

ROASTED SALMON maple glazed with sautéed greens and roast potatoes 20

TRUFFLE MAC N' CHEESE
three cheese mixed with bacon and truffle oil, bread crumb and provolone crust served with garlic knots 15

STEAK FRITES grilled and sliced 6oz CAB steak, herb butter, fries, sauce au poivre 21

FISH TACOS seared cod, escovitch, lettuce and house slaw with green salad 13

CHICKEN TERIYAKI BOWL
broccoli, carrots and onions with teriyaki sauce over white rice 16

JERK CHICKEN PLATE
jerk marinated and fire grilled, house cut fries and coleslaw 14

BABY BACK RIBS
honey garlic glazed, french fries, coleslaw 23

for your convenience a 15% gratuity has been added to your bill

Big Plates

Get Juiced

BY **FRESH**
kitchen & coffee

- ORCHARD REFRESHER** just apple 6
watermelon, lemon 6
- GREEN BIG RED DETOX** kale, spinach, green apple, pineapple 6
beet, lemon, ginger, carrot 6
green apple, parsley, ginger, cucumber, lemon 6

- BOTTOMLESS DINE-IN Coffee** 2.5
- LATTE 4
CAPPUCCINO 4
ESPRESSO 2.75
DOUBLE ESPRESSO 3.5
- AMERICANO 2.75
ICED COFFEE 2.75
MOCHA LATTE 4.5

BUILD YOUR OWN Omelet

served with breakfast potatoes and toast 9

CHOOSE THREE FILLINGS
ham, bacon, bell peppers, red onion, tomato, mushroom, jalapeno, spinach, cheddar, swiss

ADDITIONAL FILLINGS +2 each

PREMIUM FILLINGS +3 each
avocado, kale, back bacon, sausage, smoked salmon, grilled chicken, goat cheese, cream cheese

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Eggs & THE LIKE

THE USUAL

2 eggs any style with bacon, sausage or ham, breakfast potatoes and toast 9

WF FRY-UP

2 eggs any style, back bacon, sausage, baked beans, grilled tomato, sautéed mushrooms, breakfast potatoes and toast 13.5

CLASSIC OMELET

ham, peppers, tomatoes, mushrooms, cheddar, breakfast potatoes and toast 10

FARMER'S STARTER

3 eggs any style, bacon, ham and sausage, breakfast potatoes and toast 14

CLASSIC BENEDICT

2 poached eggs, ham, english muffin, hollandaise, breakfast potatoes 10

VEGGIE BENEDICT

2 poached eggs, spinach, grilled tomato, english muffin, hollandaise, breakfast potatoes 10

HUEVOS BENEDICTO

2 tortillas filled with poached eggs, refried beans topped with avocado and salsa 12

Sides

- SINGLE EGG ANY STYLE 2
TOAST 2
DOUBLE SMOKED BACON 2.5
HAM 2.5
BREAKFAST SAUSAGE 2.5
SINGLE PANCAKE 3
ENGLISH MUFFIN 2

- GREEK VANILLA YOGHURT 4
CROISSANT 4
BREAKFAST POTATOES 3.5
MIXED FRUIT CUP 5
REFRIED BEANS 2.5
BAKED BEANS 3

Cold Things AND OTHER STUFF ...

AVOCADO TOAST

sourdough toast, sliced avocado, tomato with green salad or breakfast potatoes 9
Add: smoked salmon +5 // 2 poached eggs +4

THE BAGEL PLATTER

toasted bagel, cream cheese, cucumber, sliced tomato, red onion, strawberry jam 6
Add smoked salmon +5

THE WATERFRONT CINNAMON BUN

house made cream cheese icing 6

GRANOLA BOWL

greek yoghurt, granola, fresh berries, honey drizzle 8.5

FRUIT PLATTER

seasonal fruit and vanilla scented Greek Yoghurt 8

FOR THE Body

CROISSANDWICH

grilled ham, fried eggs and swiss on a toasted croissant with breakfast potatoes 10

EGG WHITE FRITTATA

spinach, potato, bell peppers, red onion, feta cheese, breakfast potatoes 12

FOR THE Soul

BUTTERMILK PANCAKES

butter and syrup 9
Add blueberries +2 // chocolate chips +2

ISLAND STYLE FRENCH TOAST

3 slices soaked in egg and coconut milk, toasted coconut, butter and syrup 10

CINNAMON BUN FRENCH TOAST

WF cinnamon bun, sliced, soaked in egg batter, topped with syrup and cream cheese icing 10

THE ALL IN

2 eggs any style, 2 buttermilk pancakes, bacon or sausage, breakfast potatoes, toast 14

STEAK & EGGS

6oz CAB steak, 2 eggs any style, breakfast potatoes, toast 15

BREAKFAST POUTINE

breakfast potatoes, 2 poached eggs, sautéed onions and peppers, bacon bits and cheese topped with hollandaise 12

BREAKFAST BOWL

brown rice, pesto, avocado, kale, red peppers, feta, 2 poached eggs 11

CALIFORNIA BREAKFAST TACOS

2 flour tortillas, scrambled eggs, avocado, pico de gallo, aged cheddar, tomato with green salad 12

HUEVOS WRAP

scrambled eggs, refried beans, avocado, cheddar, sautéed onions and peppers in a flour tortilla with sour cream and salsa, served with breakfast potatoes 10 Add bacon, ham or sausage +2

DESSERTS MENU

Cinnamon Bun -6

Topped with a Cream Cheese Icing

Chocolate Molten Cake -10

Served *à la mode*

Vanilla Ice Cream -5

Tortuga Rum Cake Sundae -8

Local rum cake topped with vanilla ice cream, whipped cream and caramel sauce

Caylime Tart -8

Topped with whipped cream and fresh lime

Pecan Pie -8

Classic sweet treat with a graham crust and buttery pecan filling and chocolate sauce

Apple Cinnamon Crisp -8

Served warm and *à la mode*

BYO CINNAMON BUN -8

Choose your toppings from the following:

Caramel sauce – Chocolate sauce – Cream Cheese Icing

Apple pie filling – Sprinkles – Chocolate chips

Strawberry sauce – Blueberry Compote – Fresh Banana slices

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